

OPENING PRAYER

JESUS CHRIST MY LORD, With what great love You passed over the painful road, which led to your death; and how often have I abandoned You! But now I love You, with my whole soul; and, because I love You, I am sincerely sorry for having offended You. My Jesus, Pardon me, and permit me to accompany You on this journey. It means accompanying You as You go up to Jerusalem, the place of the fulfilment of your Passion, death, and resurrection.

We take up our cross and follow Jesus, so as to enter eternal life. He Himself opened the way before us, in carrying His cross, dying upon it, and rising to new life. If we die with Him, we shall also live with Him, and if we share His suffering, we shall also share His glory.

**1ST STATTON
JESUS IS CONDEMNED TO DEATH**

CONSIDER HOW JESUS CHRIST, after being scourged and crowned with thorns, was unjustly condemned by Pilate to die on the cross.

All say:

Loving JESUS, it was not Pilate; no, it was my sins that condemned You to die. I call on You, by the merits of this sorrowful journey, to assist my soul on its journey towards eternity. I love You, Jesus; I love You more than myself. I repent with my whole heart of having offended You. Never permit me to separate myself from You again. Grant that I may love You always; and then do with me what You will.

HYMN: RETURN TO GOD

Return to God with all your heart, the source of grace and mercy;
come seek the tender faithfulness of God.

Return to God with all your heart, the source of grace and mercy;
come seek the tender faithfulness of God.

Now the time of grace has come, the day of salvation;
come and learn now the way of our God.

Return to God with all your heart, the source of grace and mercy;
come seek the tender faithfulness of God

2ND STATION JESUS BEARS HIS CROSS

CONSIDER HOW JESUS, in making this journey with the cross on His shoulders, thought of us, and offered for us to His Father, the death He was about to undergo.

All say:

MY MOST BELOVED JESUS, I embrace all the tribulations You have destined for me until death. I call upon You, by the merits of the pain You suffered in carrying Your cross, to give me the necessary help to carry mine with perfect patience and resignation. I love You, Jesus, my love above all things; I repent with my whole heart of having offended You. Never permit me to separate myself from You again. Grant that I may love You always; and then do with me what You will.

HYMN: AFTERMATH

Freedom found in your scars
In your grace my life redeemed
For you chose
To take the sinners crown
As you placed your crown on me
And in that moment
Of glorious surrender
Was the moment
You broke the chains in me
Lifted out of the ashes
I am found in the aftermath

**3RD STATION
JESUS FALLS THE FIRST TIME BENEATH THE CROSS**

CONSIDER THE FIRST FALL OF JESUS under His cross. His flesh was torn from the scourges, His head crowned with thorns, and He had lost a great quantity of blood. He was so weakened He could scarcely walk; and yet He had to carry this great load upon His shoulders. As the soldiers struck Him cruelly, and thus He fell several times.

All Say:

JESUS, it is the weight, not of the cross, but of my sins, which has made You suffer so much pain. By the merits of this first fall, deliver me from the misfortune of falling into serious sin. I love You, Jesus. I repent with my whole heart of having offended You. Never permit me to separate myself from You again. Grant that I may love You always; and then do with me what You will.

HYMN: IT'S YOUR BLOOD THAT CLEANSSES ME

It's Your blood that cleanses me
It's Your blood that gives me life
It's Your blood that took my place in redeeming sacrifice
Washes me whiter than the snow, than the snow
My Jesus, God's precious sacrifice

**4TH STATION
JESUS MEETS HIS HOLY MOTHER**

CONSIDER THE MEETING of the Son and His Mother, which took place on His way to Calvary. Their looks became as so many arrows to wound those hearts which loved each other so tenderly.

All Say:

JESUS, by the sorrow You experienced in this meeting grant me the grace of a truly devoted love to Your most holy Mother. And You Mary, who was overwhelmed with sorrow, obtain for me by Your intercession, a continual and tender remembrance of the passion of Your Son. I love You Jesus above all things. I repent of ever having offended You. Never permit me to separate myself from You again. Grant that I may love You always; and then do with me what You will.

HYMN: STABAT MATER

At the Cross her vigil keeping
Stands the queen of sorrows weeping
When her son was crucified

While she waited in her anguish
Seeing Christ in bitter languish
Bitter sorrow pierced her heart

5TH STATION
SIMON OF CYRENE HELPS JESUS TO CARRY THE CROSS

CONSIDER HOW the soldiers seeing that at each step Jesus was on the point of expiring and fearing He would die on the way, whereas they wished Him to die the ignominious death of the cross, forced Simon of Cyrene to help carry the cross after Our Lord.

All Say:

BELOVED JESUS By Your grace I will not refuse to carry the cross. I accept it, I embrace it. I accept in particular the death you have destined for me with all the pains that may accompany it. I unite it to Your death, I offer it to You. You have died for love of me; I will die for love of You. Help me by Your grace. I love You Jesus above all things. I repent with my whole heart of having offended You. Never permit me to separate myself from You again. Grant that I may love You always; and then do with me what You will.

HYMN: WILL YOU LOVE ME

Will you give me your life forever?
Will you carry my cross every day?
Will you walk in the light of my presence?
Will you follow the truth of my ways?

Will you love me as I have loved you?
Will you live with me the darkness as I die?
For the moon and the stars will be gone like
the night,
And the sun will be shining on you.

**6TH STATION
VERONICA WIPES THE FACE OF JESUS**

CONSIDER the holy woman, Veronica seeing Jesus in such distress, His face bathed in sweat and blood, presented Him with her veil with which He wiped His adorable face, leaving upon it the impression the impression of his Holy countenance.

All Say:

BELOVED JESUS, Your face was beautiful before, but in this journey it has lost all its beauty; and wounds and blood have disfigured it. Sadly, my soul also was once beautiful when it received Your grace in Baptism; but I have disfigured it since by my sins. You alone, my Redeemer, can restore it to its former beauty. Do this by Your passion Jesus! I repent with my whole heart of having offended You. Never permit me to separate myself from You again. Grant that I may love You always; and then do with me what You will.

HYMN: OPEN MY EYES

Open my eyes, Lord
Help me to see your face
Open my eyes, Lord
Help me to see

Open my heart, Lord
Help me to love like you
Open my heart, Lord
Help me to love

**7TH STATION
JESUS FALLS A SECOND TIME**

CONSIDER the second fall of Jesus under His cross. A fall which renews the pain in all the wounds of his head and limbs

All Say:

JESUS, how many times have You pardoned me; and how many times have I fallen again and begun again to offend You! By the merits of this second fall, give me the necessary help to persevere in Your grace until death. Grant, that in all temptations, which assail me I may always commend myself to You. I love You, Jesus above all things; I repent with my whole heart of having offended You. Never permit me to separate myself from You again. Grant that I may love You always; and then do with me what You will.

HYMN: REDEEMER SAVIOUR FRIEND

Every stripe upon Your battered back
Every thorn that pierced Your brow
Every nail drove deep through guiltless hands
Said that Your love knows no end
Redeemer, Saviour Friend

Redeemer redeem my heart again
Saviour, shelter me from sin
You're familiar with my weakness
Devoted to the end
Redeemer Saviour Friend

8TH STATION
JESUS COMFORTS THE WOMEN OF JERUSALEM

CONSIDER HOW these women wept with compassion at seeing Jesus in such a pitiable state streaming with blood as he walked along. Jesus said to them, “Weep not so much for me, but rather for yourselves and for your children.”

All Say:

JESUS, laden with sorrows, I weep for the offences I have committed against You, because of the pains they have deserved and, still more, because of the displeasure they have caused You, who has loved me so much. It is Your love, more than the fear of hell, which causes me to weep for my sins. Jesus, I love You more than myself; I repent with my whole heart of having offended You. Never permit me to separate myself from You again. Grant that I may love You always; and then do with me what You will.

HYMN: GIVE US HEARTS RENEWED

Give us hearts renewed in love, O Lord.
Turn us back to walk with you.
Through your saving power redeem us.
In Your love our lives renew.

**9TH STATION
JESUS FALLS A THIRD TIME**

CONSIDER HOW the third fall of JESUS CHRIST. He was extremely weak and the cruelty of His executioners was excessive; who tried to hasten His steps when He could scarcely move.

All Say:

JESUS, by merits of the weakness You suffered in going to Calvary, give me strength sufficient to conquer all human respect and all my wicked passions which have led me to despise Your friendship. I love You, Jesus, above all things; I repent with my whole heart of having offended You. Never permit me to separate myself from You again. Grant that I may love You always; and then do with me what You will.

HYMN: ABOVE ALL

Above all powers, above all kings
Above all nature and all created things
Above all wisdom and all the ways of man
You were here before the world began

Above all kingdoms, above all thrones
Above all wonders the world has ever known
Above all wealth and treasures of the earth
There's no way to measure what You're worth

Crucified, laid behind a stone
You lived to die, rejected and alone
Like a rose, trampled on the ground
You took the fall and thought of me
Above all

10TH STATION
JESUS IS STRIPPED OF HIS GARMENTS & GIVEN GALL TO DRINK

CONSIDER the violence with which Jesus was stripped of His clothes by His executioners. As His inner garments adhered to his torn flesh and the soldiers tore them off so roughly that the skin came with them. Have pity for your Saviour so cruelly treated.

All Say:

INNOCENT JESUS, by the merits of the torments You have felt, help me to strip myself of all affection to things of earth that I may place all my love in You. O Jesus! I love You, Jesus, above all things; I repent with my whole heart of having offended You. Never permit me to separate myself from You again. Grant that I may love You always; and then do with me what You will.

HYMN: WHAT A BEAUTIFUL NAME IT IS

You didn't want heaven without us
So Jesus, You brought heaven down
My sin was great, Your love was greater
What could separate us now?

What a beautiful Name it is
What a beautiful Name it is
The Name of Jesus Christ my King
What a beautiful Name it is
Nothing compares to this
What a beautiful Name it is
The Name of Jesus

**11TH STATION
JESUS IS NAILED TO THE CROSS**

CONSIDER JESUS, having been placed upon the cross, extended His arms and offered His eternal Father the sacrifice of His life for our salvation. They nailed His hands and feet, and then, raising the cross, left Him to die in anguish.

All Say:

JESUS, loaded with contempt, nail my heart to Your feet that it may ever remain there to love You and never quit You again. My beloved Jesus, I love You more than myself; I repent with my whole heart of having offended You. Never permit me to separate myself from You again. Grant that I may love You always; and then do with me what You will.

HYMN: WERE YOU THERE?

Were you there when they crucified my Lord?
Were you there when they crucified my Lord?
Oh! Sometimes it causes me to tremble, tremble, tremble.
Were you there when they crucified my Lord?

Were you there when they nailed him to the tree?
Were you there when they nailed him to the tree?
Oh! Sometimes it causes me to tremble, tremble, tremble.
Were you there when they nailed him to the tree?

**12TH STATION
JESUS DIES ON THE CROSS**

CONSIDER HOW JESUS, after three hours of agony on the cross, being consumed with anguish, abandoned Himself to the weight of His body, bowed His head and died.

All Say:

O DYING JESUS, I kiss devoutly the cross on which You did die for love of me. I have merited, by my sins, to die a miserable death, but Your death is my hope. By the merits of Your death, give me grace to die embracing Your feet and burning with love for You. I commit my soul into Your hands. I love You Jesus above all things. I repent of ever having offended You. Permit not that I ever offend You again. Grant that I may love You always; and then do with me what You will.

HYMN: WORTHY IS THE LAMB

Thank you for the cross, Lord
Thank you for the price You paid
Bearing all my sin and shame
In love You came
And gave amazing grace

Thank you for this love, Lord
Thank you for the nail pierced hands
Washed me in Your cleansing flow
Now all I know
Your forgiveness and embrace

Worthy is the Lamb
Seated on the throne
Crown You now with many crowns
You reign victorious

High and lifted up
Jesus Son of God
The Darling of Heaven crucified
Worthy is the Lamb
Worthy is the Lamb

13TH STATION
JESUS IS TAKEN FROM THE CROSS AND LAID IN MARY'S ARMS

CONSIDER HOW, after Our Lord had expired, two of His disciples, Joseph and Nicodemus, took Him down from the cross by and placed in the arms of His afflicted Mother, who received Him with unutterable tenderness and held Him close.

All Say:

O MOTHER OF SORROWS, for the love of Your Son, accept me for your servant and pray for me, And You, my Redeemer, since you have died for me, permit me to love You, for I wish but You, and nothing more. I love You Jesus above all things. I repent of ever having offended You. Never permit me to separate myself from You again. Grant that I may love You always; and then do with me what You will.

HYMN: GOD OF MERCY AND COMPASSION

Lord, who out of love consented
To the worst that we could do;
Lord, abandoned and tormented,
Let us love and suffer too.

Truth insistent and demanding,
Love resented and ignored,
Life beyond all understanding,
Give us peace and pardon, Lord.

**14TH STATION
JESUS IS LAID IN THE TOMB**

CONSIDER HOW the disciples carried the body of Jesus to bury it, accompanied by His holy Mother, who arranged it in the sepulchre with her own hands. They then closed the tomb and all withdrew.

All Say:

BURIED JESUS, I kiss the stone that encloses You. But You did rise again the third day. I call upon You, by Your resurrection, to make me rise in glory with You at the last day, to be always united with You in heaven, to praise You and love You forever. O Jesus I love You, and I repent of ever having offended You. Permit not that I ever offend You again. Grant that I may love You always; and then do with me what You will.

HYMN: SOUL OF MY SAVIOUR

Soul of my Saviour sanctify my breast,
Body of Christ, be thou my saving guest,
Blood of my Saviour, bathe me in thy tide,
wash me with waters gushing from thy side.

Strength and protection may thy passion be,
O blessèd Jesus, hear and answer me;
deep in thy wounds, Lord, hide and shelter me,
so shall I never, never part from thee.

PRAYER TO JESUS CHRIST CRUCIFIED

MY GOOD AND DEAR JESUS, I kneel before You, asking You most earnestly to engrave upon my heart a deep and lively faith, hope, and charity, with true repentance for my sins, and a firm resolve to make amends. As I reflect upon Your five wounds, and dwell upon them with deep compassion and grief, I recall, good Jesus, the words the Prophet David spoke long ago concerning Yourself: "They pierced My hands and My feet; they have numbered all My bones".